



Treeton C of E Primary School

Child friendly Anti-bullying policy

2024-25



THE
DIOCESE OF
SHEFFIELD
ACADEMIES
TRUST

Our school is a place where you have the right to be yourselves, be safe, be happy and learn.

Our school takes bullying very seriously.

Everyone in our school is equal and included and you are all encouraged to let your light shine to the world.

At Treeton Primary school we want everyone to let their light shine. We encourage you to;

- Have the courage to stand up against bullying
- Have faith in yourselves and one another
- Have respect for others

We can help you by:

- Helping you to know what bullying is.
- Teaching you what to do if you feel like you are being bullied, or if someone else is being bullied.
- Telling you names of grown-ups that you can speak to

What is Bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people and can be towards one person or a group of people.

A useful way to remember bullying is:



Bullying can be:

- Verbal Bullying- using your voice to say unkind words eg call names, spreading rumours
- Physical Bullying- using your body to hurt another deliberately e.g. hitting, pushing, spitting, pinching
- Indirect Bullying- emotional harm e.g. leaving someone out, ignoring, talking behind someone's back, ganging up
- Cyber or Online Bullying- being unkind using electronic devices. e.g. spreading rumours , threatening or saying hurtful things on social media



Why does bullying happen?

Although bullying doesn't happen very much in our school it might happen. Bullies can be older or young than you, bigger or smaller than you. Bullies pick on people who maybe different in someway and try to make them feel worse about themselves. If you are being bullied remember that it is never your fault.

Where does bullying happen?

At School

After-
School

On-line

What should I do if I think someone is being bullied?

Have respect for one another by talking to the person and ask if they are okay and try to find out if they are being bullied. Have courage to stand up against bullying and help them talk to a teacher or an adult they trust.

What should I do if I'm being bullied?

If you are being bullied it is important to tell someone you trust. Have faith in your friends and adults, either at school or at home by telling them you are being bullied. If you have already told an adult about bullying you can still tell them again. You can:

- Tell a teacher, your class teacher or any other teacher
- Tell a playground buddy or anti-bullying ambassador who will be able to help you
- Tell any other adult/staff in school- such as lunchtime supervisors, teaching assistants or the school office
- Tell an adult at home
- You can write a note and place it in your class worry box.
- You can also call ChildLine at any time for free 0800 1111. They will not tell anyone else what you have said.
- If you tell a teacher or an adult at school they will be able to help you. They may tell another teacher like your class teacher, or a parent/carer, so that they can help you. Telling an adult will never make the bullying worse. They will talk to you and the bully to find ways to stop the bullying.