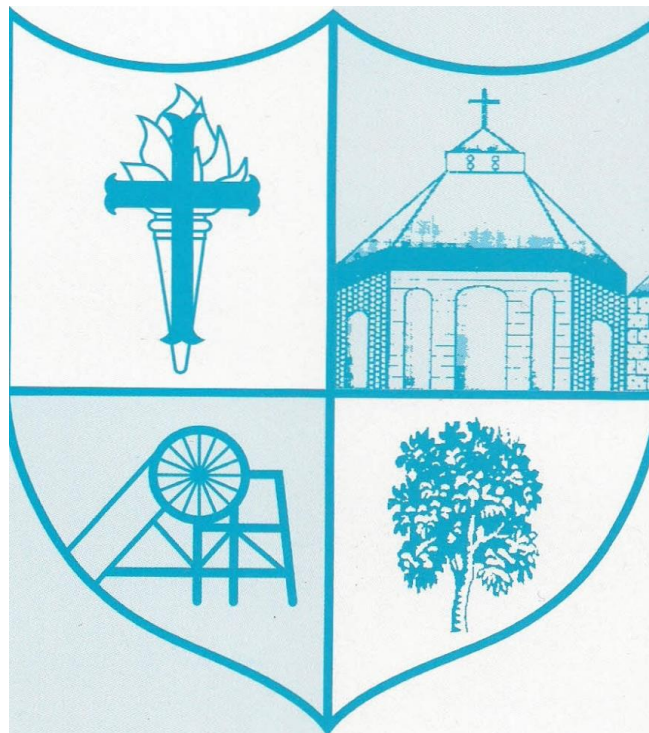


# **TREETON C E (A) PRIMARY SCHOOL**

## **Policy Document For**



**Physical Education and Physical Activity  
Policy**  
**Reviewed July 2024**  
**By S.Williams (PE Lead)**

# Treeton (CofE) Primary School Physical Activity Policy

*'This policy reflects the statutory guidance issued through the National Curriculum (2014). All policies have been written to ensure that these points of study are covered and expanded on where necessary to develop the school's own, individual curriculum. This curriculum is based heavily on thoughtful first hand experiences, creative endeavours with these experiences and an inherent connection to the children of Treeton School, their needs and backgrounds. Additionally, it has been designed and patterned to ensure that children maximise their progress in school and are given the opportunities to widen their learning and aim for even higher levels of study. It has been carefully designed to meet the needs of the school's values, vision and ethos with the new curriculum in mind.'*

## INTRODUCTION

At Treeton C of E Primary School, we are committed to developing our staff in order to ensure the highest standards of teaching and learning in all areas of physical activity. We promote children's involvement in sport both in and out of school by providing:

- Physical Education Lessons which uses AFL to support and direct it's teaching and learning and uses a range of mechanisms to support this.
- Motivated and well-trained teachers delivering a balanced and relevant curriculum allowing for skills to be transferred from Foundation to Year 6.
- The use of the 'Essentials Curriculum' to ensure the key milestones for Physical Education are covered in each Key Stage. The milestones are used and referred to when planning Physical Education sessions to ensure a wide coverage is delivered.
- Opportunities for children to apply skills in competitive intra and inter-school environments and through connections to linked clubs.
- Wide range of quality coaches used to deliver strong learning, but also to develop teacher's skills further through observation and mentoring.

This policy outlines the organisation, teaching and management of physical activity at Treeton School. The policy was formulated through consultation with members of staff, governors, parents, pupils, and our school nurse and in light of the PE and sports premium for Primary schools.

## PHYSICAL ACTIVITY AIMS & OBJECTIVES

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well being of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes.
2. To plan, teach and assess a range of high quality PE lessons that promote the above skills and attitudes.
3. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day
4. To increase physical activity levels of pupils in line with national targets

## EQUAL OPPORTUNITIES

All physical activity opportunities offered at Treeton School are designed to be inclusive, and cater for different ability levels. For more information please refer to the Equal Opportunities and Gifted and Talented policy.

## RESOURCE PROVISION

Treeton School has a school hall, which is equipped with portable and fixed apparatus for gymnastics and a music centre to support the teaching of dance. For the teaching of games, there are 2 playgrounds (with tennis court markings on the larger playground) and a large field, with marking for football, athletics and rounders. There are also permanent climbing traversing walls on each Key Stage playground. An annual audit of all

physical education equipment is conducted by the PE co-ordinator in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the PE store, and new planning resources have been purchased to support the new national curriculum. Treeton Primary School also has access to the imoves.com resources which offer a wide range of high-quality plans and teaching videos that can be used in PE sessions.

## **STAFF RESPONSIBILITY & DEVELOPMENT**

Primary Link Teacher / Schools Sports Co-ordinator: Mrs Sarah Williams

External sports coaches (Active Fusion & Sheffield United Football Club) are employed to provide staff with support to develop both confidence and capability across a range of disciplines. This enables the school to have a sustainable development plan. Peer mentoring is also being developed to enhance CPD within school.

## **CURRICULUM PROVISION**

### *Organisation*

The PE programme usually is taught by class teachers, with the exception of swimming. Swimming is taught by specialised swimming instructors with a trained member of staff accompanying the group to support individual groups of swimmers through the supplied scheme.

Each child will receive the following **ACTIVE** Physical Education time per week:

Nursery: continuous provision is planned for indoor and outdoor physical development

Reception: 60 mins discrete teaching and continuous provision as above.

Year 1 and 2: 60 minutes x 2 lessons (one outdoor, one indoor)

Year 3 and 4: 60 minutes x 2 lessons (one outdoor, one indoor) [Y4 to complete 12 hours of swimming]

Year 5 and 6: 60 minutes x 2 lessons (one outdoor, one indoor)

### *Planning:*

The school scheme of work operates on a yearly cycle, and is based on the progressive learning objectives outlined in the national curriculum and include a teaching a broad range of disciplines. The key phase milestones and referred to when planning to ensure that each key phase builds on the previous skills. This ensure that our Physical Education sessions build on and develop previous learning. Treeton C of E follows the Get Set 4 PE Scheme of work and this is delivered by class teachers within our weekly PE lessons.

### *Assessment*

Teachers use the national curriculum to inform their assessment of achievement in PE. Teachers use a range of AFL strategies to support children's progress in PE and encourage them to be self-effective learners and improve personal best.

## **EXTRA CURRICULAR PROVISION**

### *Break times / lunch times*

We have markings on the playground in order to stimulate children at playtimes. Each key stage also has a range of playtime equipment that encourages them to be active. Children are encouraged to throw, catch and shoot balls, skip, practise agility skills and many other physical activities. Children often bring their own footballs to play with (field only). On each key stage playground, we also have a permanent weather-proof climbing traverse wall. The children are responsible for monitoring their equipment (stored in the playground sheds) and handing equipment out to their friends. In addition, children are encouraged to use the field at lunchtime to take part in any game they wish (providing the surface is suitable).

### *After school clubs*

We aim to encourage all pupils to take part in a range clubs and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who take part. A wide range of clubs are offered to KS1 and KS2 children. Our extra-curricular sports clubs are delivered by Sheffield United Football clubs. These are organised with the support of our PE subject lead and are regularly reviewed and assessed.

### *Competition*

Pupils are given opportunities through out the year to participate in intra and inter school competitions. The school also holds a competitive and a non-competitive sports day providing opportunities for skills to be applied in a competitive scenario. T

### **SPORTS DAY**

To provide children with a competitive sporting experience where they can showcase their skills, we have two sports days that are arranged by the PE Lead (S.Williams). One is a competitive sports day for Key Stage One and Key Stage Two, held in the summer term for children only. Children are allocated a place on a team based on colours. Siblings are placed on the same team. New children are placed onto a team by S Williams (PE Lead). An award ceremony is conducted after the event, where first, second and third certificates are handed out to the each year group, boys and girls. The overall winning team is then awarded with a sports day trophy with their colour team ribbon on. This is then placed on display in the school to raise the profile of sport.

The second sports day is a potted sports day to which parents are invited to attend and support their children. All children are placed into teams by S Williams. Children are on the same team as any siblings they have. Children move around the different sporting activities in their teams. Parents can follow their child's team around the events to support them. Reception and Key Stage One take part in a joint potted sports day and Key Stage Two take part in their own potted sports day.

### **ACTIVE TRAVEL**

Please refer to the School Travel Plan for details of how we promote travel to school. We also take part in Walk to School Week annually.

### **STAFF ACTIVITY**

Our staff aspire to be positive role models for our children. We aim to take part in physical activity whenever possible, for e.g. racing the children at sports day. Staff often play games with children at playtime and demonstrate physical activity during PE lessons. Staff change into PE kit for the PE lesson and change back into their usual clothes after the session has finished.

### **PE KIT**

As stated in our prospectus, all children are expected to have appropriate PE kit to be able to participate in PE lessons. Pupils who fail to bring appropriate PE kit will not be allowed to participate in the lesson. However these pupils will be expected to complete an alternative physical activity i.e. walking a circuit. This is a means of ensuring that the pupils continue to learn in a meaningful way and also benefit from the two hours physical activity recommended by the government. Children who have not brought their kit will be monitored by class teachers (records will be made of those without PE kit) and letters sent home to encourage pupils to be equipped for PE lessons and to ensure that children are not repeatedly missing their PE lessons. This also means that the PE lead can monitor the situation and take action for those repeatedly not having appropriate kit. Please see the PE clothing letter for details of children's kit expectations.

### **HEALTH & SAFETY**

Please refer to the school's health and safety policy and risk assessment file. Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on CRB / staffing checks.

No earrings are allowed in PE lessons. Children who cannot remove their earrings themselves should come to school without them on PE days. If the child can remove their own earrings, this must be done prior to beginning a PE lesson. However if earrings are/cannot be taken out, it is down to the teacher's professional judgment to decide on whether the sport is suitable and safe for earrings to be left in or not. Parents should then be informed by the class teacher that the child has not removed their earrings for the PE session and reminded that this should be done in future for health and safety reasons.

### **MONITORING & EVALUATION**

The physical activity policy co-ordinator will have lead responsibility for the monitoring of physical activity in the school. A range of measures will be used to evaluate impact of the policy in line with the above mentioned objectives including participation data for after schools provision and out of school participation. The co-

ordinator will manage the deployment of sports coaches. They will also be responsible for monitoring impact through pupil discussions, drop-ins and planned observations.

Signed: Mrs Sarah Williams  
July 2024

To be reviewed in July 2025.